

Sara's Garden Hyperbaric Oxygen Therapy

Sara's Garden strives to provide hope to families by offering a different approach to a brighter future.

Hyperbaric Oxygen Therapy (HBOT) is the administration of 100% oxygen in the presence of pressure. The word "hyper" means "increased" and "baric" refers to "pressure." Oxygen is essential for life. Typical breathing air contains 21% oxygen.



At Sara's Garden, oxygen is administered through a hood in a multiplace chamber. The number of treatments, length of treatment time and amount of pressure is dependent on the individual diagnosis. Treatments may vary from 60-90 minutes each, once or twice per day at pressures equal to 17 to 45 feet below sea level, for 5 to 40 treatments or more.

The principle of HBOT is simple. Increase the atmospheric pressure and get a directly proportional increase in available oxygen. In other words, a two fold increase in pressure would equal twice the available oxygen molecules to breath.

FDA approved and often insurance reimbursable conditions:

- Acute Traumatic Ischemia
- Air or Gas Embolism
- Anemia
- Carbon Monoxide Poisoning
- Chronic Wounds
- Compartment Syndrome
- Crush Injuries
- Decompression Sickness
- Diabetic Ulcers
- Gas Gangrene
- Intracranial Abscess
- Necrotizing Infections
- Osteomyelitis
- Radionecrosis
- Skin Grafts and Flaps
- Thermal Burns

FDA non-approved, insurance non-reimbursable conditions:

- Amyotrophic Lateral Sclerosis
- Autism Spectrum Disorder
- Autoimmune Disorders
- Bacterial/Fungal Infections
- Bell's Palsy/Cerebral Palsy
- Cancer
- Carbon Monoxide Poisoning
- Hypoxic/Anoxic Brain Injury
- Insect Bites
- Lyme Disease
- Meniere's Disease
- Migraine
- Mitochondrial Disorder
- Multiple Sclerosis
- Near Drowning
- Pre/Post Surgical Healing
- Problematic Circulation
- Reflex Sympathetic Dystrophy
- Scleroderma
- Seizure Disorder
- Skin Disorders
- Spinal Injury
- Sports Injury
- Stem Cell Transplantation
- Stroke
- Tinnitus
- Traumatic Brain Injury
- Wound Healing

HBOT at Sara's Garden

Currently Sara's Garden offers HBOT therapy for clients of all ages.

Benefits of Hyperbaric Oxygen Therapy include:

- Enhances white blood cell activity.
- Boosts the immune system, bringing T and B cells within normal limits.
- Increases the production of stem cells by eight fold.
- Decreases inflammation and edema (swelling).
- Helps the body heal from conditions in which low oxygen inhibits or complicates the healing process.
- Accelerates the formation of blood vessels and nerve endings.
- Increases metabolism.
- Stimulates cell growth and regeneration.
- Acts as an anti-viral, anti-bacterial and anti-fungal agent.
- Displaces toxins and impurities.
- Reduces scarring.
- Reverses tissue damage.
- Acts synergically with chemotherapy.
- May be chemoprotective against cancer recurrence.
- Reverses the negative effects of radiation therapy.
- Raises Ph levels in the body.

Prior to treatment, the following mandatory information must be received by Sara's Garden:

- A chest x-ray report, taken within the last year.
- A complete health history / physical examination.
- A physician order for HBOT (prescription).

For convenience, information may be faxed to 419.335.5564.

"We have been so thrilled at the positive changes and improvements we've noticed in our daughter since we've started HBOT treatments at Sara's Garden."

Sara's Garden

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HOPE. HELP. HEALING.