



Sara's Garden

620 West Leggett Street • Wauseon, OH 43567 • 419.335.7272 • Fax 419.335.5564 • www.SarasGarden.org

New Client Orientation

Safety Rules: Items NOT Allowed in Hyperbaric Chamber

1. No unapproved clothing (ie: Synthetic materials, nylon, rayon, polyester, wool, Gore-Tex).
2. No cosmetics or lip balm. No hair products, gel, hairspray or nail polish. No metal hair clips.
3. No perfume or cologne. No muscle rub products (ie: Icy Hot, lidocaine, etc.).
4. No hard contact lenses or titanium glasses (If unsure, please check with your eye doctor).
5. No jewelry or loose change. No wallets or purses.
6. No battery powered devices (ie: Cell phones, laptops, tablets or hearing aids).
7. No newspapers, pens or markers.
8. No lighters, greasy clothing or flammable items such as cigarettes or pipes.
9. No shoes allowed inside the chamber. Shoes will be removed just prior to entering the chamber.

Safety Rules: Items Allowed in the Hyperbaric Chamber

1. A water bottle will be provided (No other liquids or food are allowed).
2. Hard candy, suckers and chewing gum.
3. 100% cotton clothing (Some women's jeans are 98% cotton which is okay).
4. Books, magazines, coloring books or word search books and a pencil.
5. Pacemakers, defibrillators, suction machines, battery powered medical devices will only be allowed in the chamber if they have been cleared ahead of time by the Sara's Garden Clinic Director or Safety Director.

Client Orientation Instructions

1. Do NOT take the Hoods or Collars off by yourself. Sara's Garden staff will remove your Hood and Collar for you. The Hoods and Neck Seals can be easily damaged and are expensive items to replace.
2. If you require special accommodations such as: use of a wheelchair, require elevation for a limb (leg or arm), have trouble swallowing, get anxious easily, cannot tolerate temperature changes, require suction or have any other specific need please notify the Clinic Director as soon as possible.
3. If you require medical care between treatments, you must arrange for your own help to be available. We do not have extra staff members available to provide care between treatments. There is no suction equipment available outside of the chamber. You must bring your own suction device if necessary while you are in the waiting area.
4. If you have a sinus issue, the flu or any other respiratory illness please notify the Clinic Director. Do not dive if you are sick or contagious.
5. Please arrive on time for your dives. Attending regularly will help with the success of your treatments. Call 419-335-7272 as soon as you know that you will not be receiving treatments for the day.
6. Please refrain from caffeine, nicotine and illegal drug use prior to your treatment.
7. Contact the Clinic Director for all scheduling changes or medical questions.

Signature (Client or guardian)

Date

Signature (Sara's Garden staff)

Date